

Mind Capital

Learn How to Dominate Your Brain: Rev Up Productivity, Whip Procrastination, Accomplish More

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Find out about Shannon...

[Shannon Bradford](#) is an expert coach who has worked with hundreds of people...

Take Back Your Brain

Ever feel like your brain is in the driver's seat and you are just along for the ride? Like you are headed to a place you didn't – and wouldn't – choose?

We've all been that powerless passenger, along for the ride, helpless to steer and at the mercy of a few capricious brain connections.

Isn't it time to take back your brain?

What if you could...

- ...*stop* worry in its tracks?
- ... *break through* procrastination?
- ...get people to do what *you* want?
- ...*create* great ideas at will?
- ...*accomplish* more in less time?

What would it do for your confidence, your career, your life?

You can learn to dominate your brain and take back your thinking power.

On this site, you'll find ideas, articles, tools, and coaching programs you can use.

I'll share the secrets I've uncovered by digging through thousands of pages of books, articles, and research journals. You'll benefit from what I've learned from experts in psychology, communication, neuroscience, management and leadership.

And you'll benefit from my experiences in working with hundreds of clients to help them take back control of their careers, their businesses, and their lives.

I've done the digging and the translation for you. My solutions bring theory into the real world so you and I can use them every day. After all, what good is a theory if it doesn't make your life better?

These solutions aren't academic, they've been tested and proven successful by people just like you.

And if you'd like to learn even more about how you can use brain management in your business or to enhance your career, [read more about my courses](#).



Ready to rev up your productivity,
whip procrastination,
accomplish more?

[Go to Thinking It Done](#)

Ready to tap more ideas,
be more innovative,

fulfill your creative potential?

[Go to Thinking Creativity](#)

Ready to communicate better,
lead more effectively,
and enjoy more success in business?

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Ready to take charge of your career,
make better career decisions?

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Ready to enjoy more success?

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Get ready to climb back into the driver's seat and take the wheel.

Get ready to dominate your brain.



Thinkology®